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**Freshwater Land Trust Releases New Interactive Red Rock Trail System® Map,  
Featuring 15 New Miles of Hoover Trails**

Hoover, AL

Freshwater Land Trust (FLT) is proud to announce the release of a new interactive map of the Red Rock Trail System®, presenting 15 additional miles added as the result of a recent project with the City of Hoover. The redesigned "Find-a-Trail" map, featuring the trails, greenways, parks, and bikes lanes that make up the growing system, now includes six popular and up and coming trails in the City of Hoover. With these additions, the Red Rock Trail System®, the most established urban trail system in the state, now totals **175 miles of trails throughout Jefferson County.**

The Red Rock Trail System® is a planned 750-mile network of multi-use trails, parks, and complete streets designed to connect neighborhoods, communities, and outdoor destinations across Jefferson County with the goal of connecting all county residents to a trail or greenspace within one mile of their homes. The newly added Hoover trails are part of the city's "Parks and Public Spaces Plan", which aims to expand outdoor recreation access for its residents and visitors, including access to the 20 miles of the Cahaba River that flow through the city, the most of any city in the Cahaba River watershed.

**New Hoover Trail Additions**

The following trails and parks are now part of the Red Rock Trail System®:

- Loch Haven Park and Nature Trail  
3469 Loch Haven Dr, Hoover, AL 35216
- Black Creek Mountain Bike Park  
5571 Stadium Trace Pkwy, Hoover, AL 35244

View photos of Black Creek Mountain Bike Park [here](#). Photos provided by City of Hoover.

- Cahaba Riverchase Greenway and Nature Trail  
3999 Lorna Rd, Hoover, AL 35244
- Hoover East Nature Trail  
2649 Old Rocky Ridge Rd, Hoover, AL 35216
- Inverness Nature Park  
272 Inverness Pkwy, Hoover, AL 35242

View photos of Inverness Nature Park [here](#). Photos provided by City of Hoover.

Hoover's Parks and Recreation department is working with FLT to add the Red Rock Trail System's® wayfinding system and branding to its trails. Trails in Hoover lie in both the Shades Creek and Cahaba River corridors of the trail system, which categorizes trails based on their proximity to major waterways.

"Hoover is proud to be part of the continued growth of the Red Rock Trail System," said Hoover's Mayor, Nick Derzis. "These trail additions expand opportunities for residents and visitors to experience the natural beauty of our community while supporting healthy lifestyles and outdoor recreation. Partnerships like this with Freshwater Land Trust help connect our parks and green spaces to a broader regional network that benefits all of Jefferson County."

### **New Interactive Map**

The new map provides a more user-friendly and dynamic experience for users, displaying all existing trails as well as what is to come: 19 miles of planned and in-progress trails under FLT's Red Rock Action Plan show up with a click or a tap. Trails can be sorted by type (greenways, nature trails, bike lanes, or gardens) using the map's filter tool. A "Find a Trail" search feature enables users to explore trails by surface material and location, making it easy to find the best places to walk, run, bike, roll, scoot, or skate in Jefferson County. More features and details, such as difficulty level and elevation, will continue to be added, further helping users find their ideal trail.

"The new Red Rock Interactive Map makes it easier than ever for people to explore the trails and parks throughout Jefferson County," said Anna Massa Pires, FLT's Red Rock Trail System

Coordinator. “This redesign will also improve our team’s ability to update the map, ensuring it consistently reflects the latest trail additions, including the rapidly expanding network of bike lanes. We hope this will help users discover new trails and experience more of the incredible outdoor spaces we’re fortunate to have in our region.”

[The interactive map can be viewed here.](#)

## **Press Conference**

FLT and the City of Hoover will celebrate the new additions and map launch at a press conference:

**Date:** Wednesday, April 15, 2026

**Time:** 10:00 AM

**Location:** Hoover East Nature Trail, 2649 Old Rocky Ridge Rd, Hoover, AL 35216

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## **About Freshwater Land Trust**

Freshwater Land Trust (FLT) is a nonprofit organization based in Birmingham dedicated to conserving land and building trails. Since 1996, FLT has worked to protect over 12,500 acres of land in 14 counties across Central Alabama and improve access to alternative transportation and recreation for residents of Jefferson County through the development of the Red Rock Trail System®.

FLT’s Red Rock Action Plan, released in 2023, outlines the next steps for the RRTS: seven priority projects to develop 19 miles of new trails, that when combined with existing Red Rock Trails, will connect the Cities of Birmingham, Fairfield, Homewood, Irondale, Midfield, and Mountain Brook in a 36-mile loop around the greater Birmingham metropolitan area.

For more information, visit [www.freshwaterlandtrust.org](http://www.freshwaterlandtrust.org).

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## **About the City of Hoover**

Adopted in 2024, the City of Hoover’s Parks and Public Spaces Plan is a long-range initiative designed to guide the future of parks, recreation, and outdoor spaces over the next 15 to 20 years. Focused on blueways, greenways and trails, parks and public spaces, and recreational programming, it serves as a strategic framework for future investment and decision making, ensuring Hoover’s amenities continue to meet the needs of a growing community. The Plan can be found at <https://www.FutureHoover.com>.